



## Stories from the foothills of the Kamnik alps

### A tour of good practices in the area of the Heart of Slovenia Local Action Group

Kamnik, Friday, 7 September 2018

In the second half of the Friday afternoon, we will take a bus ride from the Mekinje convent to the green Tuhinj Valley, which is most famous for the highest-lying spa in Slovenia. This was the spa that brought tourists to the valley, who not only welcome the spa's offer, but also other tourist offers in the local area. Lush mixed forests are calling for you to discover pre-Alpine villages. We will visit the **Matevžuc Ecological Farm**, where fruit and meat are processed. Following the presentation of activities, a tasting event of house products will take place.

*The farm received funds from the Heart of Slovenia Local Action Group and EU funds from the Rural Development Programme for the funding of various measures: for the young owners of farms, funding of measures 4.1, they also co-operate in the LAG collaboration operation Farm Open Days. In the framework of the LAG project, the cellar was sanitised and arranged for the presentation and tasting of the farm's produce. In addition, equipment for fruit processing was purchased.*

The tour of good practices will continue in one of the Alpine valleys, which was named after the Kamniška Bistrica river. In its 33 kilometre long bed, the torrential river has shaped many waterfalls and gorges. At the widest point of the valley, one can find **the entrance station for the cable car to Velika planina**. Velika planina is a plateau with many Karst formations and has a diverse surface with altitudes from 1,400 to 1,666 metres. For centuries, shepherds have been herding cattle here, because the plateau is covered with pastures. At the lower station of the cable car to Velika planina, we will be familiarised with completed and current projects.

*In the past, a company renovated the lower station of the cable car with the help of EU funds from the LAG. In the immediate vicinity, a small camp was set up with a cleaning plant and a climbing wall. The small wood camping houses are also of interest.*

Only a few minutes' drive separates us from the **source** of one of the cleanest Alpine rivers in Slovenia - the **Kamniška Bistrica** river. We will descend from the mountain lodge to the source of the river, where we will be able to refresh ourselves with spring water, which is drinkable



here. Then we will listen to the successful story of **the Gabršek Farm**, which deals with milk processing and produces a traditional type of aged cheese - trnič, which originates from Velika planina. The trnič cheese carries a message of love. The tour participants, who will be full of love, will be able to create their own trnič cheese.



*The area of Kamnik-Savinja Alps is rich in water sources, which carries both the potential to develop tourism and the responsibility to protect the waters and preserve their quality. The water in its various forms is the foundation and common thread of further tourist development of the area. The purpose of the Water Stories of the Kamnik-Savinja Alps LAG project is to raise awareness about taking good care of water as a natural resource and about preserving its quality, because only that way we will be able to develop sustainable tourism in the long term.*

For the pleasant finish to the afternoon, we will have a joint dinner at **Gostilna pri Planinskem orlu**.



We recommend wearing comfortable footwear and clothes.

**The course of the tour of good practices and locations for those who will head to the tour using their own cars:**

Hour	Location
16.00	Start from the Mekinje Ursuline Convent, Polčeva pot 10, 1241 Kamnik ( <a href="https://goo.gl/maps/fcj9yoFz2Ds">https://goo.gl/maps/fcj9yoFz2Ds</a> )
16.30	Matevžuc Ecological Farm, Korošec Jože, Hruševka 1, 1219 Laze v Tuhinju ( <a href="https://goo.gl/maps/wD4hW37BK132">https://goo.gl/maps/wD4hW37BK132</a> )
18.00	The lower station of the cable car to Velika planina, Velika planina d.o.o., Kamniška Bistrica 2, 1242 Stahovica ( <a href="https://goo.gl/maps/rYYLGH6Mdf2">https://goo.gl/maps/rYYLGH6Mdf2</a> )
18.50	The source of the Kamniška Bistrica river, Kamniška Bistrica 9, 1242 Stahovica ( <a href="https://goo.gl/maps/Ywa1BiZFihu">https://goo.gl/maps/Ywa1BiZFihu</a> )
20.00	End of the tour and dinner at Gostilna pri Planinskem orlu, Stahovica 20, 1242 Stahovica ( <a href="https://goo.gl/maps/x9RbkjsZrdB2">https://goo.gl/maps/x9RbkjsZrdB2</a> )

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